

Meat Free Monday



(v) Cheese and Tomato Pizza Wedge (D.G.)

or



(v) Vegan Country Bake (G.SB.)

Every day choose from:



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna Mayonnaise (D.E.M.F.)

or



(v) Jacket Potato with Cheese and Beans (D.)

Tuesday



Organic Beef Grill (G.) in a Bun (G.)

or



(v) Cheesy Pasta Bake (G.D.)

Wednesday



Roast Chicken Joint or Fillet

or



(v) Vegetable Korma (M.D.E.)

Thursday



Organic Beef Chilli - very mild

or



(v) Veggie Hot Dog (G.S.SB.SU.)

Friday



Gluten Free Fish Fingers (F.)

or



(v) Cheesy Tomato Risotto (D.)

Week 2 Dessert Menu

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(v,h) Homemade Chocolate Cracknel (G.)

Tuesday

Jelly with Fruit
(v) Ice Cream Tub (D.)

Wednesday

(v,h) Homemade Up Beet Chocolate Cake (G.E.) with Hot Chocolate Sauce (D.)

Thursday

(v,h) Homemade Melting Moment Biscuit (G.)

Friday

(v,h) Favourite Fruit Muffin (G.E.)
(v) Ice Cream Tub (D.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

Key

- V = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites

