

**Monday**



Organic Pork Meatballs (G.S.U.)

or



(v) Quorn Korma (very mild) (M.D.E.)

Every day choose from:



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna Mayonnaise (D.E.M.F.)

or



(v) Jacket Potato with Cheese and Beans (D.)

**Tuesday**



Pasta with Peas and Bacon (G.D.)

or



(v) Quorn Fillet topped with pizza sauce and melted cheese (D.E.)

**Wednesday**



Roast Beef in Gravy

or



(v) Broccoli and Sweetcorn Pasta (G.D.)

**Thursday**



Chicken Pie (D.G.)

or



(v) Sticky BBQ Veggie Sausages (G.S.B.S.)

**Friday**



Breaded Pollock Fillet (F.SB.)

or



(v) Quorn Nuggets (G.D.E.)

**Week 3 Dessert Menu**

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(v,h) Homemade Fruity Flapjack (G.)

Tuesday

(v,h) Homemade Sponge with Fruit in Juice (E.G.)

Wednesday

(v,h) Homemade Jam Tart (G.) with Custard (D.)

(v) Ice Cream Tub (D.)

Thursday

(v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)

(v,h) Homemade Carrot and Orange Cookie (G.)

Friday

(v,h) Homemade Vanilla Krispy Bar (G.)

(v) Ice Cream Tub (D.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

**Accompaniments may vary to those shown.**

**Key**

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

E = Egg

G = Gluten/Wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites

